

# GRACE GIRLS

2026

SEE JESUS,  
stand firm



A DEVOTIONAL STUDY IN THE BOOK  
OF REVELATION!



# AN INTRO

GRACE  
GIRLS

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Hello!

Thank you for joining us at Grace Girls, we are so glad you could come and we pray your eyes were drawn to Jesus in all his glory in the book of Revelation!

Over the next few days we are going to spend some time looking at part of Revelation often called 'the letters to the churches'. As we saw at Grace Girls, Revelation is a book all about John recording his revelation of Jesus Christ (1:1) – even when the book is weird or confusing we know it is all about Jesus, so what can we learn about him? And how does this help us to stand firm?

In chapters 2-3, John specifically writes letters from Jesus to 7 different churches that were around in his time. He writes to encourage and challenge them. But in some ways, these churches were just like ours – they lived in a time after Jesus' death and resurrection and they were waiting for him to return. Like us, they were trying to work out how to live for Jesus in a world of suffering and often faced persecution for their faith. Each day we are going to follow a few questions to help us see what John was saying to the church, and what God's word might be saying to us today.

**Our hope and prayer is that together we might continue to be encouraged to See Jesus and Stand Firm.**

In Christ,  
The Grace Girls Team x

# HOW TO USE THIS DEVOTIONAL

- Each devotional is aimed to take 15-20 minutes. We would love for you to read God's word each day, but if you skip or forget a day that's okay, don't throw the whole thing out! Just pick up where you left off last time.
- As you start, pray to God! Pray he would use his Spirit to open your eyes, mind and heart. Pray you would see more of Jesus in his word and that you will be challenged to stand firm for Jesus at school, work, sport, with your friends and family.
- Each day we will read a section of Revelation. The passage will be printed for you so you can take notes or draw as you read. But feel free to also use your own bible!
- After reading the passage, use the questions as a guide to help you dive into the passage. Each letter follows a similar format and each day we will use the same questions:
  - What do we learn about Jesus?
    - There are lots of images used. You might like to think back to the talks from Grace Girls. You also might like to use the table from talk 1 to 'zoom in and zoom out' on the imagery and symbols being used.
  - How does Jesus describe the church? What they are doing well in, what they are not doing well in?
  - What is the command and promise given? The churches are given a particular command to stand firm and a promise if they remain faithful. Sometimes the promises also use symbols and imagery so you might like to explore what they mean.
- After seeing how Jesus has encouraged and challenged the church he is writing to through John, we'd love for you to reflect on how Jesus is encouraging and challenging you. Do you need to hear his command to repent? Is Jesus challenging you to stand firm in a particular situation? Is Jesus encouraging you with his promises?

# HOW TO USE THIS DEVOTIONAL

- Once you've read and reflected on the passage, we will give you some pointers of things to pray for. It's a great idea to bring what you've learnt to God and pray for his help as you've been encouraged or challenged.
- You might like to think about who you can do this devotional with. Did you make a friend at Grace Girls? Is there a friend at school or church that might like to join you? You could agree to send each other one point of learning or encouragement each day you do the devotional or send each other a voice note answering each question. The idea isn't to have 'the right answer' but to see how God is speaking to you and encourage one another!
- If you have questions from the passage we would love for you to ask them! The best people to ask are those in your life – your parents, youth leaders, pastors and mentors. We know they would love to chat to you about what you're learning and help you understand God's word better!



We hope you enjoyed reflecting!

Make sure you take some time to read the introduction and the tips on how to use the devotional that were at the start of the booklet. They will help you to navigate these simple devotionals and get the most out of them.

Now, let's spent some time in prayer!

- Thank God for Grace Girls. You might like to thank him for your highlight and the things you have learnt or been reminded of.
- Pray for God's help with anything you felt challenged by.
- Pray that God would help you, and other girls doing this devotional too, to see more of Jesus in the letters to the churches. Pray his Spirit would help you to see Jesus in his word and stand firm in your faith because of this.

# DAY 2

## **To the Church in Ephesus**

<sup>2</sup> “To the angel of the church in Ephesus write: ‘The words of him who holds the seven stars in his right hand, who walks among the seven golden lampstands.

<sup>2</sup> “I know your works, your toil and your patient endurance, and how you cannot bear with those who are evil, but have tested those who call themselves apostles and are not, and found them to be false. <sup>3</sup> I know you are enduring patiently and bearing up for my name's sake, and you have not grown weary. <sup>4</sup> But I have this against you, that you have abandoned the love you had at first. <sup>5</sup> Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent. <sup>6</sup> Yet this you have: you hate the works of the Nicolaitans, which I also hate. <sup>7</sup> He who has an ear, let him hear what the Spirit says to the churches. To the one who conquers I will grant to eat of the tree of life, which is in the paradise of God.’

What do we learn about Jesus? (verse 1)

How does Jesus describe this church? (verses 2-6)

What is the command and promise given to Ephesus? (verses 5 and 7)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.

# DAY 3

## **To the Church in Smyrna**

<sup>8</sup>“And to the angel of the church in Smyrna write: ‘The words of the first and the last, who died and came to life.

<sup>9</sup>“I know your tribulation and your poverty (but you are rich) and the slander of those who say that they are Jews and are not, but are a synagogue of Satan. <sup>10</sup>Do not fear what you are about to suffer. Behold, the devil is about to throw some of you into prison, that you may be tested, and for ten days you will have tribulation. Be faithful unto death, and I will give you the crown of life. <sup>11</sup>He who has an ear, let him hear what the Spirit says to the churches. The one who conquers will not be hurt by the second death.’

What do we learn about Jesus? (verse 8)

How does Jesus describe this church? (verses 9-10)

What is the command and promise given to Smyrna? (verses 10-11)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.

# DAY 4

## **To the Church in Pergamum**

<sup>12</sup>“And to the angel of the church in Pergamum write: ‘The words of him who has the sharp two-edged sword.

<sup>13</sup>“‘I know where you dwell, where Satan's throne is. Yet you hold fast my name, and you did not deny my faith even in the days of Antipas my faithful witness, who was killed among you, where Satan dwells.

<sup>14</sup>But I have a few things against you: you have some there who hold the teaching of Balaam, who taught Balak to put a stumbling block before the sons of Israel, so that they might eat food sacrificed to idols and practice sexual immorality. <sup>15</sup>So also you have some who hold the teaching of the Nicolaitans. <sup>16</sup>Therefore repent. If not, I will come to you soon and war against them with the sword of my mouth. <sup>17</sup>He who has an ear, let him hear what the Spirit says to the churches. To the one who conquers I will give some of the hidden manna, and I will give him a white stone, with a new name written on the stone that no one knows except the one who receives it.’

What do we learn about Jesus? (verse 12)

How does Jesus describe this church? (verses 13-15)

What is the command and promise given to Pergamum? (verses 16-17)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.

# DAY 5

## To the Church in Thyatira

<sup>18</sup> “And to the angel of the church in Thyatira write: ‘The words of the Son of God, who has eyes like a flame of fire, and whose feet are like burnished bronze.

<sup>19</sup> “‘I know your works, your love and faith and service and patient endurance, and that your latter works exceed the first. <sup>20</sup> But I have this against you, that you tolerate that woman Jezebel, who calls herself a prophetess and is teaching and seducing my servants to practice sexual immorality and to eat food sacrificed to idols. <sup>21</sup> I gave her time to repent, but she refuses to repent of her sexual immorality.

<sup>22</sup> Behold, I will throw her onto a sickbed, and those who commit adultery with her I will throw into great tribulation, unless they repent of her works, <sup>23</sup> and I will strike her children dead. And all the churches will know that I am he who searches mind and heart, and I will give to each of you according to your works. <sup>24</sup> But to the rest of you in Thyatira, who do not hold this teaching, who have not learned what some call the deep things of Satan, to you I say, I do not lay on you any other burden. <sup>25</sup> Only hold fast what you have until I come. <sup>26</sup> The one who conquers and who keeps my works until the end, to him I will give authority over the nations, <sup>27</sup> and he will rule them with a rod of iron, as when earthen pots are broken in pieces, even as I myself have received authority from my Father. <sup>28</sup> And I will give him the morning star. <sup>29</sup> He who has an ear, let him hear what the Spirit says to the churches.’

What do we learn about Jesus? (verse 18)

How does Jesus describe this church? (verses 19-24)

What is the command and promise given to Thyatira? (verses 25-28)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.

# DAY 6

## **To the Church in Sardis**

**3** “And to the angel of the church in Sardis write: ‘The words of him who has the seven spirits of God and the seven stars.

“I know your works. You have the reputation of being alive, but you are dead. <sup>2</sup>Wake up, and strengthen what remains and is about to die, for I have not found your works complete in the sight of my God.

<sup>3</sup>Remember, then, what you received and heard. Keep it, and repent. If you will not wake up, I will come like a thief, and you will not know at what hour I will come against you. <sup>4</sup>Yet you have still a few names in Sardis, people who have not soiled their garments, and they will walk with me in white, for they are worthy. <sup>5</sup>The one who conquers will be clothed thus in white garments, and I will never blot his name out of the book of life. I will confess his name before my Father and before his angels. <sup>6</sup>He who has an ear, let him hear what the Spirit says to the churches.’

What do we learn about Jesus? (verse 1a)

How does Jesus describe this church? (verses 1b-4)

What is the command and promise given to Sardis? (verses 2-3, 5)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.

# DAY 7

## To the Church in Philadelphia

<sup>7</sup>“And to the angel of the church in Philadelphia write: ‘The words of the holy one, the true one, who has the key of David, who opens and no one will shut, who shuts and no one opens.

<sup>8</sup>“I know your works. Behold, I have set before you an open door, which no one is able to shut. I know that you have but little power, and yet you have kept my word and have not denied my name.

<sup>9</sup>Behold, I will make those of the synagogue of Satan who say that they are Jews and are not, but lie—behold, I will make them come and bow down before your feet, and they will learn that I have loved you.

<sup>10</sup>Because you have kept my word about patient endurance, I will keep you from the hour of trial that is coming on the whole world, to try those who dwell on the earth. <sup>11</sup>I am coming soon. Hold fast what you have, so that no one may seize your crown. <sup>12</sup>The one who conquers, I will make him a pillar in the temple of my God. Never shall he go out of it, and I will write on him the name of my God, and the name of the city of my God, the new Jerusalem, which comes down from my God out of heaven, and my own new name. <sup>13</sup>He who has an ear, let him hear what the Spirit says to the churches.’

What do we learn about Jesus? (verse 7)

How does Jesus describe this church? (verses 8-11)

What is the command and promise given to Philadelphia? (verses 10-12)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.

# DAY 8

## **To the Church in Laodicea**

<sup>14</sup> “And to the angel of the church in Laodicea write: ‘The words of the Amen, the faithful and true witness, the beginning of God’s creation.

<sup>15</sup> “‘I know your works: you are neither cold nor hot. Would that you were either cold or hot! <sup>16</sup> So, because you are lukewarm, and neither hot nor cold, I will spit you out of my mouth. <sup>17</sup> For you say, “I am rich, I have prospered, and I need nothing,” not realizing that you are wretched, pitiable, poor, blind, and naked. <sup>18</sup> I counsel you to buy from me gold refined by fire, so that you may be rich, and white garments so that you may clothe yourself and the shame of your nakedness may not be seen, and salve to anoint your eyes, so that you may see.

<sup>19</sup> Those whom I love, I reprove and discipline, so be zealous and repent. <sup>20</sup> Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me. <sup>21</sup> The one who conquers, I will grant him to sit with me on my throne, as I also conquered and sat down with my Father on his throne. <sup>22</sup> He who has an ear, let him hear what the Spirit says to the churches.”

What do we learn about Jesus? (verse 14)

How does Jesus describe this church? (verses 15-19)

What is the command and promise given to Laodicea? (verses 19-21)

How might this command and promise apply to us? How are you challenged or encouraged?

Pray about the things you have read and seen:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command with the help of the Spirit.
- Thank Jesus for the promise he gives us.



- Are there any particular promises you found encouraging?

- Is there someone you could share this with?

Spend some time in prayer about the things above. As you have done each day:

- Praise and thank Jesus for who he is.
- Pray you would respond to the command, with the help of the Spirit.
- Thank Jesus for the promises he gives us.

We hope and pray you have been encouraged to See Jesus and Stand Firm.

We can't wait to see you at Grace Girls next year!

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